

Aqua Fit

May 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 9:00 Cindy 10:00 Lindsey	3 9:30 Extreme TABATA with Lindsey	4 9:00 Jennifer 10:00 Lallie	5 9:30 Extreme Boot Camp with Jennifer	6 9:00 Lallie 10:00 Edie	7
8 Happy Mother's Day	9 9:00 Lindsey 10:00 Lallie	10 9:30 Extreme TABATA with Jennifer	11 9:00 Jennifer 10:00 Cindy	12 9:30 Extreme Boot Camp with Lallie	13 9:00 Lallie 10:00 Lindsey	14
15	16 9:00 Lindsey 10:00 Edie	17 9:30 Extreme TABATA with Lindsey	18 9:00 Lallie 10:00 Jennifer	19 9:30 Extreme Boot Camp with Jennifer	20 9:00 Cindy 10:00 Lallie	21
22	23 9:00 Lindsey 10:00 Cindy	24 9:30 Extreme TABATA with Lallie	25 9:00 Cindy 10:00 Lindsey	26 9:30 Extreme Boot Camp with Lindsey	27 9:00 Lallie 10:00 Edie	28
29	30 NO CLASSES Memorial Day	31 9:30 Extreme TABATA with Lallie				