



# AQUA FIT

# FEBRUARY 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 9:00 Jennifer 10:00 Edie	4 9:30 Extreme TABATA with Lallie	5 9:00 Cindy 10:00 Jennifer	6 9:30 Extreme Boot Camp with Janet	7 9:00 Lallie 10:00 Janet	8
9	10 9:00 Janet 10:00 Cindy	11 9:30 Extreme TABATA with Jennifer	12 9:00 Lallie 10:00 Edie	13 9:30 Extreme Boot Camp with Jennifer	14 9:00 Cindy 10:00 Janet	15
16	17 9:00 Jennifer 10:00 Lallie	18 9:30 Extreme TABATA with Jennifer	19 9:00 Cindy 10:00 Edie	20 9:30 Extreme Boot Camp with Janet	21 9:00 Lallie 10:00 Janet	22
23	24 9:00 Cindy 10:00 Cindy	25 9:30 Extreme TABATA with Lallie	26 9:00 Jennifer 10:00 Cindy	27 9:30 Extreme Boot Camp with Jennifer	28 9:00 Jennifer 10:00 Jennifer	