



AQUA FIT JANUARY 2026

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
				1 9:30 Extreme Boot Camp with Jennifer	2 9:00 Cindy 10:00 Edie	3
4	5 9:00 Janet 10:00 Jennifer	6 9:30 Extreme TABATA with Jennifer	7 9:00 Lallie 10:00 Janet	8 9:30 Extreme Boot Camp with Jennifer	9 9:00 Gayle 10:00 Cindy	10
11	12 9:00 Jennifer 10:00 Cindy	13 9:30 Extreme TABATA with Jennifer	14 9:00 Cindy 10:00 Edie	15 9:30 Extreme Boot Camp with Jennifer	16 9:00 Gayle 10:00 Janet	17
18	19 9:00 Jennifer 10:00 Edie	20 9:30 Extreme TABATA with Jennifer	21 9:00 Jennifer 10:00 Cindy	22 9:30 Extreme Boot Camp with Janet	23 9:00 Lallie 10:00 Cindy	24
25	26 9:00 Jennifer 10:00 Janet	27 9:30 Extreme TABATA with Lallie	28 9:00 Janet 10:00 Jennifer	29 9:30 Extreme Boot Camp with Gayle	30 9:00 Lallie 10:00 Cindy	31